

Date as Postmarked

Dear Member,

As a member of Verity you have the opportunity to help shape the charity by casting your vote at our Annual General Meeting (AGM). This year's AGM is being held at the Canal Museum, 12-13 New Wharf Rd, London, N1 9RT on Saturday 27 November 2009.

This year, the AGM will be a standalone event (not part of a conference as we normally do) and be taking place at the end of a Trustee meeting from 2.30pm until 3pm. There is limited spacing available, you are welcome to attend however please email Rachel at chair@verity-pcos.org.uk so we can confirm numbers with the venue.

Legally, we require a minimum of 10% of members votes to pass the resolutions as outlined overleaf – naturally, the more votes we receive the more indicative of our entire member base. If you are unable to attend, we would ask you to please appoint a proxy to vote in your absence, which can be done either via email or by completing and returning this form to our office – we would request that you do this **no later than Friday 20 November 2009**.

For simplicity, we have presumed you are happy to appoint the Chair of the AGM as your proxy however you are more than welcome to appoint another proxy providing they are attending the AGM in person. If you wish to appoint another proxy, you should indicate this in your email or your return form along with your proxy's full name and address. Your proxy must be a Verity member.

To vote via e-mail

Please email your voting instructions to chair@verity-pcos.org.uk. Your email should include all of the following details:

- Subject heading: AGM 2009 – Proxy Vote
- Your full name
- Your full address (including postcode)
- The votes you are For / Against (as set out overleaf)

You can simply write "I am for / against all of the resolutions" or "I am for resolution w, x, y and against resolution z" for example.

To vote via post

Please complete the following form in full (don't forget to sign it), and return it to us at:

Verity – Proxy Vote
New Bond House
124 New Bond Street
London, W1S 1DX

Important notes

- A Verity needs a minimum of 10% of their membership to proceed with the AGM. If you wish to propose an alternative proxy please complete their full details as outlined above
- B Independent Accountants are a vital part of the running of Verity and we have used this company for several years
- C This is in order to provide the accounts to the relevant authorities. The full accounts are available upon request by emailing treasurer@verity-pcos.org.uk and will be made available at the AGM
- D According to the ruling documents of Verity, a third of its board must retire each year and be reappointed if they wish to continue

If this form is executed under a power of attorney or any other authority, such document must be lodged with Verity along with the Proxy form. Verity must execute this document under the hand of an officer duly authorised.

Kind Regards,

The Verity Team

Verity: Proxy Form 2009

**Verity – Proxy Form
Annual General Meeting 2009**

I _____
Full name

OF _____
Full street address

_____ Full postcode

... being a member of Verity, the Polycystic Ovary Self Help Group, appoint the Chair of the meeting:

Ms Rachel Hawkes
Full name

OF Verity, New Bond House, 124 New Bond Street, London W1S 1DX
Full street address Full postcode

... as my proxy to attend and vote on my behalf at the Annual General Meeting of the Company, to be held at The London Canal Museum and at any adjournment thereafter.

Please indicate how you wish your votes to be cast on the resolutions specified by placing an X in the appropriate box:

Resolution	For	Against
To appoint Chantry Vellacott DFK as independent Reporting Accountants to the Company (please see note B)	<input type="checkbox"/>	<input type="checkbox"/>
To approve the accounts of Verity for the year 2008-09 (please see note C)	<input type="checkbox"/>	<input type="checkbox"/>
To reappoint Rachel Hawkes as Director (please see note D)	<input type="checkbox"/>	<input type="checkbox"/>
To reappoint Premila Shaw as Director (please see note D)	<input type="checkbox"/>	<input type="checkbox"/>
To appoint Holly Jarrad as Director (please see note D) <i>I found out about Verity from a magazine article approximately 10 years ago. I was diagnosed in 1990 but there was no information on PCOS but was told I wouldn't be able to have children naturally. Finding Verity gave me to reason to try and see if I could have a child and Noah was born in 2006. I work as a support consultant in the securities, borrowing and lending industry but I want to help Verity as much as I can and will do anything as they have helped me so much over the years.</i>	<input type="checkbox"/>	<input type="checkbox"/>

Subject to any voting instructions so given, the proxy will vote, or may abstain from voting on any other resolution that may arise at the meeting as she may see fit.

SIGNED BY: _____ **DATE:** _____
Full name

SIGNATURE: _____